Jenise Abdul-Razzaaq Social Scientist

(216) 403-2655 WRAPcreateswellness@gmail.com



Education

Case Western Reserve University, Cleveland, Ohio Master of Science and Social Administration 2008

Case Western Reserve University Center on Aging and Health Graduate Certificate in Gerontology 2008

Ursuline College, Pepper Pike, Ohio Bachelor of Arts in Social Work 2007

Certificate for Certified Senior Advisor from the Society of Senior Advisors 2014

Wellness Recovery Action Plan (WRAP) Certified Advance Level Facilitator 2018

Suicide Prevention Training, Question, Persuade, Refer 2017

Mental Health First Aid Certification, Training 2018

Professional Summary

Jenise has a passion for helping clients embrace life's challenges with hope and a renewed vision that can transform difficult situations to ones that utilizes the client's own strengths to achieve positive outcomes. Jenise's training as a Social Scientist gives her the opportunity to utilize evidence-based interventions, such as strength- based approach, motivational interviewing, as well as empowerment, advocacy, program development and implementation.

In 2017, Jenise retired from Visiting Nurse Association in Cleveland, Ohio and relocated with her family to Jamestown, North Carolina. Shortly after relocating, Jenise was introduced to the concept of the Wellness Recovery Action Plan (WRAP). WRAP is an evidenced-based practice that guides people through the practice of discovering their own personal resources and then using those resources to get well, stay well and effectively deal with life's challenges, improving health and quality of life over time.

Currently, Jenise is an Advanced Level WRAP facilitator conducting WRAP and Suicide Prevention workshops throughout the state of North Carolina and Montana.

In March 2019 Jenise presented at the Southern Trans Health and Wellness in Winston Salem, North Carolina to introduce WRAP as a benefit to the Transgender community. July 2019, Jenise presented research to the International Conference on Education, Economics, Psychology and Social Studies (ICEEPS) entitled "The Benefits of WRAP for the Transgender Community" in Okinawa, Japan.

Key Skills

- Biopsychosocial assessments
- Grief and anticipatory grief counseling
- Crisis Intervention
- Empathy
- Excellent interpersonal skills with the ability to quickly develop rapport
- Creative Thinking
- Problem-Solving
- Organizational and Planning Skills
- Ability to work collaboratively and independently
- Administrative/Case Management

Professional Employment

2017-Present

Independent Contractor. Facilitates Wellness Recovery Action Plan (WRAP®) and Suicide Prevention workshops throughout the state of North Carolina and Montana

2010-2017

Visiting Nurse Association of Ohio

- Director of Concierge Program for Senior Citizens
- Hospice Liaison-Increased hospice referrals and admissions by 30 percent
- Med-Surg, Mental Health and Hospice Social Worker
- Supervisor of Social Work department

2009-2010

Golden Age Centers of Greater Cleveland

Instrumental in implementing the Vial of Life program to independent housing facility for senior citizens.

2008-2009

Alzheimer's Association

Facilitated support and educational groups for clients with Alzheimer's disease and their caregivers

1998-2008

University Hospitals of Cleveland Ohio

Blood bank lab technician

Skin/venipuncture, specimen collection, medical histories, lab procedures, vital signs, HIV education and medical terminology